



NORTH BAY WOMEN'S EXPO 2018 STAGE SCHEDULE

Emceed by the fabulous DJ and hosts of the Amaturio Sonoma Media Group radio stations: Joss, Kendra, Pat, and Lauren! We'll have events on the main stage, as well as Short Takes on Fun Topics in our Stageside Room (enjoy 20-30 minutes at most for these sessions).

WHEN	MAIN STAGE	STAGESIDE ROOM
10:00 AM	Stage MC: Cathy	
10:15 AM		
10:30 AM	Kaia Fit Demo	Joan Tabb on Surviving Life's Transitions
10:45 AM	Ask the Doctor	
11:00 AM		Kaiser Permanente presents: Sex Talk with Remi & Dr. Amy
11:30 AM	Stage MC: Joss	
	Damsel in Defense Demo	Start a Business and Thrive! with Caterina Rando
11:45 AM	Announcements	
12:00 PM	Justine Bateman: Celebrity	
12:15 PM	Ask the Doctor	Fame: Meet & Greet Booksigning with Justine Bateman
12:30 PM	Embracing Your Essence Total Makeover Winner	
12:45 AM	Fashion Show- Lularoe	
1:00 PM	Samantha Harris: Celebrity	
1:15 PM	Ask the Doctor	Your Healthiest Healthy: Meet & Greet Booksigning with Samantha Harris
1:30 PM	Announcements	
1:45 PM	Embracing Your Essence Total Makeover Winner	Ask the Doctor
2:00 PM	Shelina Moreda: Celebrity	
2:15 PM	Fashion Show-Bus Shoppe	Meet & Greet with Shelina Moreda
2:30 PM	Ask the Doctor	
	Stage MC: Cathy	
2:45 PM		Kaiser Permanente Presents: Communication between Men & Women
3:15 PM	Fireman & Dogs	Crafting Gone Wild: Bling a Bra! Take home a memento!
3:30 PM	Prize Drawings	

* Attending any of the Short Takes sessions gets you 2 Bonus Entries for the Drawing for fabulous prizes!

**Short takes are first come, first serve

* Schedule subject to change because we are getting new talent and presentations weekly!